

Normalizing Flow

Yutao Chen

✘ Mar 24 2026

✘ Mar 24 2026

Contents

Invertible Transformation	1
Examples	2

Normalizing flows (NFs) are a class of generative models that gradually transform noise into data through an *invertible* mapping, following the **change-of-variables formula** of probability densities.

Definition 1 (Change-of-Variables Formula)

For $x \sim p_x(x)$, given a smooth invertible mapping $f : \mathbb{R}^d \rightarrow \mathbb{R}^d$ such that $y = f(x)$, the probability density $p_y(y)$ is

$$p_y(y) = p_x(x) \cdot \left| \frac{\partial f^{-1}}{\partial y} \right| = p_x(x) \cdot \left| \frac{\partial f}{\partial x} \right|^{-1},$$

where f^{-1} denotes the inverse of f such that $x = f^{-1}(y)$ ¹.

Proof. Informally, using the change-of-variables rule in multivariate calculus, we can prove that for any $\Omega \subset \mathbb{R}^d$

$$\int_{\Omega} p_y(y) \, dy = \int_{f^{-1}(\Omega)} p_x(x) \, dx = \int_{f^{-1}(\Omega)} p_x(x) \left| \frac{\partial f^{-1}}{\partial y} \right| \, dy. \quad \blacksquare$$

Invertible Transformation

The essence of normalizing flows is to build a parametrized invertible mapping $f_{\theta} : \mathbb{R}^d \rightarrow \mathbb{R}^d$ by composing a sequence of K simpler learnable invertible mappings $\{f_k\}_{k=0}^{K-1}$ such that

$$f_{\theta} = f_{K-1} \circ \dots \circ f_1 \circ f_0.$$

¹Note that $x = f^{-1}(f(x))$, and therefore $(\partial f^{-1} / \partial y) \cdot (\partial f / \partial x) = I$.

Specifically, starting from a prior noise distribution² $p_0(x_0)$, we gradually transform a sampled noise $x_0 \sim p_0$ such that

$$x_{k+1} = f_k(x_k), \text{ where } k \in \{0, \dots, K-1\},$$

and consequently

$$x_K = f_{K-1}(x_{K-1}) = (f_{K-1} \circ \dots \circ f_1 \circ f_0)(x_0).$$

The probability density $p_K(x_K; \theta)$ over x_K is given by the change-of-variables formula as follows:

$$p_K(x_K; \theta) = p_0(x_0) \prod_{k=0}^{K-1} \left| \frac{\partial f_k}{\partial x_k} \right|^{-1},$$

or equivalently the log-density is

$$\log p_K(x_K; \theta) = \log p_0(x_0) - \sum_{k=0}^{K-1} \log \left| \frac{\partial f_k}{\partial x_k} \right|,$$

where $x_0 = (f_0^{-1} \circ f_1^{-1} \dots \circ f_{K-1}^{-1})(x_K)$.

Learning normalizing flows essentially amounts to maximizing the log-likelihood of $p_K(\cdot; \theta)$ w.r.t. an empirical data distribution $p_{\text{data}}(x)$

$$\begin{aligned} \theta^* &= \arg \max_{\theta} \mathbb{E}_{x \sim p_{\text{data}}(x)} [\log p_K(x; \theta)] \\ &= \arg \min_{\theta} \mathbb{D}_{\text{KL}}(p_{\text{data}}(x) \parallel p_K(x; \theta)) \end{aligned}$$

Examples

The major challenge of normalizing flows is to design learnable mappings f_k that is (a) sufficiently expressive, (b) invertible, and (c) has efficiently computable Jacobians $\partial f_k / \partial x_k$.

For example, a linear mapping $f(x) = Ax + b$ can easily satisfy (b) and (c), but is not sufficiently expressive.

²Typically, we use a standard Gaussian $p_0(x_0) = \mathcal{N}(0, I)$ as the prior distribution.

Often times, we parametrize such learnable mappings f_k using purposefully designed neural networks that are non-linear (expressive), yet invertible and has easily computable Jacobians. Here we provide a few (opinionated) pointers to recent works:

- Planar and radial flows (Rezende & Mohamed, 2015);
- Coupling flows (Dinh et al., 2017)
- Block neural autoregressive flows (De Cao et al., 2020)
- Transformer autoregressive flows (Zhai et al., 2025)

REFERENCES

- De Cao, N., Aziz, W., & Titov, I. (2020). Block Neural Autoregressive Flow. In R. P. Adams & V. Gogate (Eds.), *Proceedings of The 35th Uncertainty in Artificial Intelligence Conference: Vol. 115. Proceedings of The 35th Uncertainty in Artificial Intelligence Conference*. <https://proceedings.mlr.press/v115/de-cao20a.html>
- Dinh, L., Sohl-Dickstein, J., & Bengio, S. (2017,). Density estimation using Real NVP. *International Conference on Learning Representations*. <https://openreview.net/forum?id=HkpbmH9lx>
- Rezende, D., & Mohamed, S. (2015). Variational Inference with Normalizing Flows. In F. Bach & D. Blei (Eds.), *Proceedings of the 32nd International Conference on Machine Learning: Vol. 37. Proceedings of the 32nd International Conference on Machine Learning*. <https://proceedings.mlr.press/v37/rezende15.html>
- Zhai, S., Zhang, R., Nakkiran, P., Berthelot, D., Gu, J., Zheng, H., Chen, T., Bautista, M. Á., Jaitly, N., & Susskind, J. M. (2025). Normalizing Flows are Capable Generative Models. In A. Singh, M. Fazel, D. Hsu, S. Lacoste-Julien, F. Berkenkamp, T. Maharaj, K. Wagstaff, & J. Zhu (Eds.), *Proceedings of the 42nd International Conference on Machine Learning: Vol. 267. Proceedings of the 42nd International Conference on Machine Learning*. <https://proceedings.mlr.press/v267/zhai25d.html>