

Expectation Maximization

Yutao Chen

✂ Oct 06 2025

✂ Oct 11 2025

Contents

Evidence Lower Bound	1
Extensions and Connections	2
Variational EM	2
Stochastic Gradient EM	3

Expectation maximization (EM) (Dempster et al., 1977) is designed for *maximum likelihood* estimation of parameters in probabilistic models with *missing data* or *hidden variables*.

Let $\{x_n\}$ denote the set of observed data, and $\{z_n\}$ the set of hidden data. We want to maximize the likelihood w.r.t. the observed data:

$$\begin{aligned} & \arg \max_{\theta} \sum_{x_n} \log p(x_n | \theta) \\ &= \arg \max_{\theta} \sum_{x_n} \log \left(\int p(x_n, z_n | \theta) dz_n \right), \end{aligned}$$

where $p(x|\theta)$ is known as the *incomplete-data* likelihood, and $p(x, z|\theta)$ is known as the *complete-data* likelihood.

Evidence Lower Bound

Unfortunately, this maximization is generally intractable, because of the $\log \int p(x, z|\theta) dz$ term.

We can bypass the intractability by transforming $\log p(x|\theta)$ as follows:

$$\begin{aligned} \log p(x|\theta) &= \mathbb{E}_{q(z)} [\log p(x|\theta)] \\ &= \mathbb{E}_{q(z)} [\log(p(x, z|\theta)/p(z|x, \theta))] \\ &= \underbrace{\mathbb{E}_{q(z)} \left[\log \frac{p(x, z|\theta)}{q(z)} \right]}_{\mathcal{F}(q(z), \theta)} + \mathbb{D}_{\text{KL}}(q(z) \parallel p(z|x, \theta)), \end{aligned}$$

where $\mathcal{F}(q(z), \theta)$ is known as the *evidence lower bound* (ELBO). We have

$$\mathcal{F}(q(z), \theta) \leq \log p(x|\theta)$$

for any $q(z)$ and θ , with equality holding iff $q(z) = p(z|x, \theta)$.

The **EM algorithm** then maximizes $\log p(x|\theta)$ by instead maximizing the lower bound $\mathcal{F}(q(z), \theta)$ iteratively. For each iteration t , we perform *coordinate ascent* on $\mathcal{F}(q(z), \theta)$ alternating between $q(z)$ and θ .

- In the **E-step**, we maximize $\mathcal{F}(q(z), \theta)$ with $\theta = \theta_t$ fixed:

$$q_t(z) = \arg \max_{q(z)} \mathcal{F}(q(z), \theta_t) = p(z|x, \theta_t).$$

- In the **M-step**, we maximize $\mathcal{F}(q(z), \theta)$ with $q(z) = q_t(z)$ fixed:

$$\begin{aligned} \theta_{t+1} &= \arg \max_{\theta} \mathcal{F}(q_t(z), \theta) \\ &= \arg \max_{\theta} \mathbb{E}_{q_t(z)} [\log p(x, z|\theta)]. \end{aligned}$$

This iterative process guarantees monotonic improvement of $\log p(x|\theta)$ until convergence to some *local* maxima, because for each iteration t

$$\log p(x|\theta_t) = \underbrace{\mathcal{F}(q_t(z), \theta_t)}_{\text{E-step}} \leq \underbrace{\mathcal{F}(q_t(z), \theta_{t+1})}_{\text{M-step}} \leq \log p(x|\theta_{t+1}).$$

The EM algorithm can also be applied to *maximum a posteriori* with a prior distribution $p(\theta)$ over the parameters. This simply amounts to a modified lower bound objective $\tilde{\mathcal{F}}$:

$$\tilde{\mathcal{F}}(q(z), \theta) = \mathcal{F}(q(z), \theta) + \log p(\theta) \leq \log p(x|\theta)p(\theta).$$

Extensions and Connections

Variational EM

One of the basic assumption we have made in EM is that we can easily evaluate $q_t(z) = p(z|x, \theta_t)$ in the E-step.

However, evaluating the posterior $p(\mathbf{z}|\mathbf{x}, \boldsymbol{\theta}_t)$ itself could be intractable, especially if \mathbf{z} is a continuous r.v. We can instead use *variational inference* (VI) to pick q_t such that

$$q_t(\mathbf{z}) = \arg \max_{q \in \mathcal{Q}} \mathbb{D}_{\text{KL}}(q(\mathbf{z}) \parallel p(\mathbf{z}|\mathbf{x}, \boldsymbol{\theta})),$$

where \mathcal{Q} is the variational family. Intuitively, we pick a distribution $q_t(\mathbf{z}) \in \mathcal{Q}$ that can best approximate the exact posterior $p(\mathbf{z}|\mathbf{x}, \boldsymbol{\theta})$.

This approach, unfortunately, does not guarantee monotonic improvement of $\log p(\mathbf{x}|\boldsymbol{\theta})$ due to approximation errors. Only when the variational family \mathcal{Q} is sufficiently versatile such that $p(\mathbf{z}|\mathbf{x}, \boldsymbol{\theta}) \in \mathcal{Q}$ can we (in theory) recover the behaviors of regular EM.

Stochastic Gradient EM

Another basic assumption we have made in EM is that we can compute $\boldsymbol{\theta}_{t+1} = \arg \max_{\boldsymbol{\theta}} \mathcal{F}(q_t(\mathbf{z}), \boldsymbol{\theta})$ in the M-step.

For many practical problems, however, such maximization is not easy. Fortunately, note that in the M-step, as long as we can find some $\boldsymbol{\theta}_{t+1}$ that guarantees

$$\mathcal{F}(q_t(\mathbf{z}), \boldsymbol{\theta}_t) \leq \mathcal{F}(q_t(\mathbf{z}), \boldsymbol{\theta}_{t+1}),$$

the monotonic improvement of $\log p(\mathbf{x}|\boldsymbol{\theta})$ (and hence convergence) still holds. Therefore, we can find $\boldsymbol{\theta}_{t+1}$ by taking one or a few gradient ascent steps following $\nabla_{\boldsymbol{\theta}} \mathcal{F}$:

$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t + \eta \nabla_{\boldsymbol{\theta}} \mathcal{F}(q_t(\mathbf{z}), \boldsymbol{\theta}_t).$$

The variational auto-encoders (VAEs) (Kingma & Welling, 2013) can be interpreted as an instance of variational stochastic gradient EM.

However, EM becomes less appealing when there is no close form for the M-step, as one might just as well directly optimize $\log p(\mathbf{x}|\boldsymbol{\theta})$ using gradient-based methods. Particularly, one can show that

$$\nabla_{\boldsymbol{\theta}} \log p(\mathbf{x}|\boldsymbol{\theta}_t) = \nabla_{\boldsymbol{\theta}} \mathcal{F}(q_t(\mathbf{z}), \boldsymbol{\theta}_t).$$

REFERENCES

- Dempster, A. P., Laird, N. M., & Rubin, D. B. (1977). Maximum likelihood from incomplete data via the EM algorithm. *Journal of the Royal Statistical Society: Series B (Methodological)*, 39(1), 1–22.
- Kingma, D. P., & Welling, M. (2013,). Auto-Encoding Variational Bayes. *International Conference on Learning Representations*. <https://openreview.net/forum?id=33X9fd2-9FyZd>